

Make the most of your retirement plan

Planning for retirement is something we all know we should do. But sometimes it's hard to know what steps to take. One thing to remember is that you're not alone.

We're with you

Our education resources and tools can help you:



Get tips on planning for retirement



See if you're on track for retirement



Find out how much you've saved so far



Make changes to your contributions



Manage your investments

Manage your account **anytime, anywhere**

You've got 24/7 access to your account. Review account details, make investment changes, and increase your contribution when it's convenient for you.

Visit **principal.com**

- › To set up your account, **visit principal.com/welcome** and follow the instructions.
- › **Log in** with your new username and password.
- › For help getting logged in, **visit principal.com/LoginHelp**.

Download the **Principal® app**

- › Visit **principal.com/onthego**.
- › Or search for it on Google Play and the Apple App store.

[Need more help?](#)



Talk with a **retirement specialist**

For those times when it's just easier for you to talk with someone directly, you can call one of our trained retirement specialists at 800-547-7754, Monday through Friday, 7 a.m. to 9 p.m. CT.

Call one of our retirement specialists when you want to:



Get help deciding how much you may want to save for retirement



Learn how to move savings from your previous employer's plan into this one



Ask questions about the plan's investment options, plan features, or other aspects of planning for retirement

Additional services may be available based on the plan.

Not all options are available in certain plans. Check with your human resources contact to find out what's available.



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