

SATURDAY, MARCH 25, 2023

OPEN TO ALL

Jewed da:m ac Wa:Po Half Marathon and Co-Ed Relay Registration Form



RUNNING ON HOMELAND Noligk- Cababi- Comobabi



Race Coordinators: Eric.Mase or Keyshawn.Carlos @tonation-nsn.gov

HOPP HALF MARATHON & 3 PERSON COED RELAY RULES

INFORMATION FOR ALL PARTICIPANTS

EVENT START TIME:

Half Marathon & 3 Person Co-ed Relay: 7:00a.m

2 mile Fun Run/Walk: Registration at 7:00am. Start: 7:30 a.m. at Comobabi Community

Runners will report to the North Community building in No:lik. Route 30, No:lik turnoff, just off of Highway 86 to Cababi will be **CLOSED** at 7:00a.m. Support vehicles will not be allowed on Route 30. This will keep all vehicle traffic on the course to a minimum for everyone's safety and enjoyment.

All runners are required to wear their issued bib number; no transfers of registration or bib numbers will be allowed. No replacement bibs will be issued. Should this occur, runner will not be eligible for award.

You must be 13 years or older to participate in the Half Marathon on or before March 25, 2023. Please read the release of liability agreement and provide signature. If you are younger than 18, a parent/legal guardian must sign the release of liability agreement.

Overall time limit for Half Marathon is 4 hours. If you do not finish, runner will be picked up at the 4 hour time limit, no exceptions.

This is a timed event. Awards will be given to the overall male and female and top three in each age category as follows: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50+.

<u>Packet Pickup</u> will be available at the Sells Wellness Center on Friday, March 24, 2023 from 8:00am to 5:00pm or the morning of the race at the North Community Building in No:lik from 5:30a.m.-6:30a.m.

There is NO on-site registration. Deadline to register is Wednesday, March 22, 2023 at 7:00pm.

DROP BAGS & PICK UP:

Half Marathon: A designated vehicle will transport bags to the finish line. Please have your name or BIB number on your bag.

Relay Runners: Please mark your bag with your name and which leg you are running. Your bag will be at your finished leg.

<u>WATER STATIONS</u> will be available at every mile after the 2 mile marker. Port o' Jon and EMS personnel will be available at leg exchanges.

LODGING will be available at the Sells Recreation Center. Please contact race coordinators for further information.

CO-ED RELAY TEAM RULES:

Co-ed Relay teams must have 3 runners to be eligible for awards and must consist of 1 male/2 female or 1 female/2 male.

There are no age restrictions for the Co-ed Relay team. If participant is under 18 years-old, parent/legal guardian must sign release of liability agreement to be eligible for participation.

RELAY AWARDS will be given to the top 3 teams

Please plan on arriving early as each leg of the relay event will be transported to their relay starting point.

RELAY SHUTTLE DEPARTURE TIMES FROM THE STARTING POINT AT NORTH COMMUNITY BUILDING ARE AS FOLLOWS:

2nd leg Runners: **5:30a.m.** departure time

3rd leg Runners: **5:45a.m.** departure time & LAST shuttle run.

Each team will be issued 1 bib number per person and 1 baton per team.

Each runner can only run on 1 team and 1 leg of the relay event. Runner can only participate in either the half marathon or relay.

Relay team legs:

1st leg- 4.0 miles

2nd leg- 4.0 miles

3rd leg- 5.1 miles

TEAM MEMBER CHANGES CAN ONLY BE MADE THROUGH AN ADDENDUM REGISTRATION FORM

New team member must complete the addendum registration form and submit it before March 22, 2023. Please indicate team name, who you will be replacing and what leg you will be running.

SPECTATORS ARE ENCOURAGED TO WATCH AND SUPPORT ALL RUNNERS at the last ½ mile of the race on the shoulder/hillside of route 30 on Comobabi road and at the finish line. Spectator vehicles need to park off the roadside shoulder to avoid blocking the path of the runners.

<u>RACE COORDINATORS:</u> Eric Mase at <u>eric.mase@tonation-nsn.gov</u> and Keyshawn Carlos at <u>keyshawn.carlos@tonation-nsn.gov</u> Or Sells Wellness Center 520.383.6240

WE HOPE YOU ENJOY THIS EXCITING EVENT AND HOPE TO SEE YOU NEXT YEAR. FOR FURTHER INFORMATION YOU MAY CALL THE HEALTHY O'ODHAM PROMOTION PROGRAM AT 520-383-6240. THIS EVENT IS HELD ON BEHALF OF THE TOHONO O'ODHAM DEPARTMENT OF HEALTH AND HUMAN SERVICES, DIVISION OF HEALTH PROMOTION/HEALTHY O'ODHAM PROMOTION PROGRAM.

3 PERSON CO-ED RELAY REGISTRATION FORM

TEAM NAME:				
1ST LEG- 4.0 MILES	NAME:_		MALE:	FEMALE:_
Team Captain	ADDRESS:		PHONE:	
2ND LEG- 4.0 MILES	NAME:_		MALE:	FEMALE:_
Team Captain	ADDRESS:		PHONE:_	
3RD LEG- 5.1 MILES	NAME:_		MALE:	FEMALE:_
Team Captain	ADDRESS:		PHONE:_	
understand that this will benefit If athlete is under age 18: My si, read the foregoing WAIVER as signature further certifies that the signature further certifies the signature	the program, and therefore myself, an gnature certifies that the minor in my c nd RELEASE OF LIABILITY AGREEMENT (p	tape, audiotape, and photograph me for us d recognize that HOPP will use these mater are and custody has my permission to parti paragraph above) and by signing below, I in bood health condition and is able to safely pa ary.	rials at their discretion, as icipate in the Half Maratho tentionally and voluntarily	they deem appropriate. on and/or 3 Person Co-ed Relay. I have y agree to its terms and conditions. My
Signature of participant (1st leg)		Date	-	
Signature of Parent if under	18 years of age	Date	_	
Signature of participant (2nd	d leg)	Date	-	
Signature of parent if under	18 years of age	Date	_	
Signature of participant (3rd	l leg)	Date	_	
Signature of parent if under 18 years of age		Date	_	

Half Marathon Registration Form

FIRST NAME_			LASTNAME_		
ADDRESS_			MALE_	FEMALE_	
CITY/STATE_		ZIP CO	DDE_		
PHONE_		EMAIL			
AGE CATEGORY: 14 AND UNDER	15-19 20-24	25-29_ 30-34_	35-39 40-44_	_ 45-49_ 50+_	
affiliates including the sponsoring organizate cause, whenever occuparticipation in this experiment of the Tohonor I also agree to allow presentations and pruse these materials. If athlete is under age 23 Person Co-ed Relay. I and voluntarily agree to is able to safely participate to safely participate to safely participates.	ne Tohono O'odham Depions from any and all lia urring, whether known over the No provision control of O'odham Nation's sow the Healthy O'odham omotional materials. It is at their discretion, as the Last My signature certifies have read the foregoing to its terms and condition pate in the Event. I here	bartment of Health and Hubilities, claims, demands, for unknown, at law or in ealined within this Waiver a ereign immunity from suited Promotion Program to understand that this will be they deem appropriate. Is that the minor in my car WAIVER and RELEASE of Less. My signature further ce	man Services, Health losses or damages to quity that may occur and Release of Liabili t in any forum or in a videotape, audiotal penefit the program, le and custody has my IABILITY AGREEMENT	s officers, directors, employees, by O'odham Promotion Program property, or injury to person, we at any time arising from or relative shall be interpreted as an expression, and photograph me for use and therefore myself, and recogny permission to participate in the (paragraph above) and by signing my care and custody is in goor and grant access to the minor	("HOPP"), and all hatsoever the ted to my press or implied e in this program's gnize that HOPP will e Half Marathon and/ong below, I intentionall d health condition
Signature of partici	pant		Date		

Date

Signature of parent if under 18 years of age