



# SENIOR SERVICES DIVISION ELDER ACTIVITIES FOR

# UAM MASAD APRIL 2022



SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
					1	2
3	4	5 11-11:30am HOPP W/Eric	6 11-11:30am HOPP W/Yvette	7 1:00pm-1:30pm Caregiver's Corner	8 Watch/Listen to Presentation 10-11am	9
10 Senior Advisory Council meeting 10am- 3pm	11	12 11-11:30am HOPP W/Sean	13 11-11:30am HOPP W/Paola	14 Native American Circle Group 10:00am - 10:30am  1:00pm-1:30pm Caregiver's Corner	15 <b>HOLIDAY -OFFICE CLOSED</b>	16
17	18	19 11-11:30am HOPP W/Sylvia	20 11-11:30am HOPP W/Arlo	21 1:00pm-1:30pm Caregiver's Corner	22	23
24	25	26 11-11:30am HOPP W/Marco	27 11-11:30am HOPP W/Joshua	28 1:00pm-1:30pm Caregiver's Corner	29	30

**NOTES:**

**HOPP ACTIVITIES:** <https://global.gotomeeting.com/join/250882061> Call in number 1 (408) 650-3123 Access Code: 250-882-061  
**SENIOR ADVISORY COUNCIL:** <https://global.gotomeeting.com/join/261828189> Call in number 1 (646) 749-3122 Access Code: 261-828-189  
**NATIVE AMERICAN CIRCLE GROUP:** <https://zoom.us/j/94181438756> Call in No. 1 (346) 248 7799 Meeting ID: 941 8143 8756  
**Caregiver's Corner:** <https://global.gotomeeting.com/join/854006773> Call in number 1 (646) 749-3122 Access Code: 854-006-773  
**Watch/Listen to Presentation:** <https://global.gotomeeting.com/join/561073741> Call in number 1 (224) 501-3412 Access Code: 561-073-741

DOWNLOAD THE **GoToMEETING** APP ON YOUR SMARTPHONE TO PARTICIPATE VIRTUALLY.  **GoToMeeting**





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The Healthy O'Odham Promotion Program will be conducting a 30 minute informational / exercise session as noted on the calendar

<https://global.gotomeeting.com/join/250882061> Call in number 1 (408) 650-3123 Access Code: 250-882-061

Senior Advisory Council meets once a month to discuss concerns and receive information from a scheduled presenter. Senior Services will provide updates on services.

<https://global.gotomeeting.com/join/261828189> Call in number 1 (646) 749-3122 Access Code: 261-828-189

Caregiver's Corner: Every Thursday Cynthia E Manuel will be available for information and questions in regards to caregiver support

<https://global.gotomeeting.com/join/854006773> Call in number 1 (646) 749-3122 Access Code: 854-006-773

Native American Circle group is a 30 minute discussion on a single topic with, Nicole Lomay from Banner Alzheimer's Institute.

<https://zoom.us/j/94181438756>

Call in No. 1 (346) 248 7799 Meeting ID: 941 8143 8756

Watch/Listen presentation: Venito Garcia Library presents craft making and story reading

<https://global.gotomeeting.com/join/561073741> Call in number 1 (224) 501-3412 Access Code: 561-073-741

**Each activity session will start promptly at start time and will end 15 minutes later if there are no participants**

**If you have any questions or concerns contact Stephanie Begay-Garcia (520) 279-1574**