



Tohono O'odham Nation
Office of the
Chairman and Vice Chairwoman

Ned Norris Jr. Wavalene M. Saunders
Chairman Vice Chairwoman



PROCLAMATION

Tohono O'odham Nation Breast Cancer Awareness Month

WHEREAS, breast cancer is the most commonly diagnosed cancer among women in the Tohono O'odham Nation; and remains a common cause of cancer related deaths; and

WHEREAS, risk factors that may increase a person's chance of developing breast cancer include family history, age, drinking alcohol and genetics; and

WHEREAS, women ages 50 to 74 years old are highly encouraged to have mammogram screenings once every two years. Women 40 to 49 years old, or women who think they may have a higher risk of breast cancer, should consult with their doctor on when to have a mammogram screening; and

WHEREAS, although men are not as susceptible as women to developing this form of cancer, survival rates for men and women with breast cancer are similar at parallel stages; men report symptoms less frequently and are therefore at a greater risk of developing an advanced case of breast cancer before detection; and

WHEREAS, a mammogram, an "x-ray of the breast": is recognized as the single most effective method of detecting breast cancer long before physical symptoms can be seen or felt; and

WHEREAS, during October, the Tohono O'odham Nation renews its commitment to fight breast cancer by: raising awareness, supporting public health surveillance, prevention, screening, and treatment, providing education, and supporting people, families, and communities affected by breast cancer.

NOW, THEREFORE, BE IT PROCLAIMED that we, Ned Norris, Jr. Chairman of the Tohono O'odham Nation and Wavalene Saunders, Vice Chairwoman of the Tohono O'odham Nation by the virtue of authority vested in us by the Tohono O'odham People and the laws of the Tohono O'odham Nation do hereby proclaim October as Breast Cancer Awareness Month and encourage all members to invest in a healthy future by exercising regularly, maintaining a healthy diet, and obtaining regular breast cancer screenings. We urge all members to wear pink to honor and support people, families, and communities affected by breast cancer. Lastly, we call the people of the Tohono O'odham Nation to publicly reaffirm our Nation's strong commitment to eliminate breast cancer.

IN WITNESS WHEREOF, we hereby proclaim October as Breast Cancer Awareness Month in the year Two Thousand and Nineteen.

References: TON Cancer report 2016 and CDC

(CDC reference <https://www.cdc.gov/cancer/breast/pdf/BreastCancerFactSheet.pdf>)