The National Weather Service in Phoenix has issued an **Excessive Heat Warning** for parts of Arizona including the district of San Lucy. High temperatures are expected to last from **Thursday, July 11, 2019 through Saturday, July 13, 2019.**

**Heat is the #1 Weather-Related Killer in Arizona!**

**Keep Cool with these tips:**

- Stay Hydrated
- Dress for heat (wear light-weight, light colored clothing)
- Use Sunscreen (SPF 30 or greater)
- Look Before You Lock (Never leave children or pets in cars)
- Keep Cool (take regular breaks in shaded or air-conditioned areas)
- Check on elderly and those with disabilities.

**IN AN EMERGENCY ALWAYS CALL 911!**