POWER OUTAGE TIPS:

Here are a few tips to help ensure your safety during a power outage:

1. Water – Make sure you have drinking water for your family and animals for a few days. If possible fill containers to keep at home.
2. Food Safety – Be sure to wash your hands often to avoid illnesses. If your house needs electricity to cook, consider using canned and packaged foods, or cook with a traditional fire. Leave your cold food in the fridge. The refrigerator can stay cold if you don’t open it. Do not eat frozen foods if they melt or refrigerated foods that got warm.
3. Medications – Keep medications that need to be cooled in your refrigerator or a cooler with ice packs. Refrigerators can keep cold for a long time if they stay closed. Don’t open the door unless you must.
4. Health Equipment – Call your clinic to ask about what to do about medical equipment that needs electricity. Check on your neighbors who might need help.
5. Exposure – Stay indoors or in the shade. Stay home or in a safe place until power is restored.

The Tohono O’odham Nation Health Care hospital and clinics will continue to be available during the power outage.

If you have a medical emergency please dial 911.

*For additional updates/notifications please monitor the Tohono O’odham Nation Office of Emergency Management and Tohono O’odham Utility Authority Facebook pages.*

IN THE EVENT OF A LIFE THREATENING EMERGENCY ALWAYS CALL 911

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